

# INTO THE OUTDOORS



Explore the nature all around you – from the bird on your windowsill to the wildlife in Canada’s national parks! In this program area, you can discover new things in nature, experience camping and go on adventures as a unit, and find new ways to stand up for our one and only Earth.

**It’s your world – step outside and do some exploring!**

## Nature Discoveries:

Connect with the wilderness wherever you are – from the heart of the city to a back-country trail and anywhere in between. Head outside and get to know the plants and animals who share your neighbourhood, or investigate how nature works from the comfort of your meeting space. In this theme you can...



### (Younger girls)

- Build animal feeders and houses
- Have fun planting in a garden
- Use the colours in nature to inspire your art

### (Older girls)

- Experiment to understand the forces of nature
- Identify animal tracks and follow their footprints
- Learn the story of a tree by studying its leaves

## Camping Skills and Adventures:

Build your camping skills and outdoor survival know-how so you can be prepared for anything. Whether you love to sleep outside under the stars or snug in a comfy cabin, this is your chance to make the world your playground! In this theme you can...



### (Younger girls)

- Get to know some knots and camp gadgets
- Climb (or hug!) a tree
- Learn how to stay safe on a hiking trail

### (Older girls)

- Use different kinds of maps to explore new places
- Build a campfire and cook over it
- Learn how to camp comfortably in all four seasons

## Our Shared Planet:

Investigate how humans fit into Earth’s environment and find ways to be a good neighbour to all living things. Learn about how people in the past and present have cared for the planet as you brainstorm what you can do to build the Earth a better future. In this theme you can...



### (Younger girls)

- Grow a seedling to spread some nature
- Find new ways to reduce what you throw in the garbage
- Learn how to help keep bugs’ and animals’ homes safe

### (Older girls)

- Create upcycled designs to make old things new again
- Observe your environment and share data with scientists
- Find new ways to support local wildlife