



2011 Anniversary Challenge Requirements

The 100th Anniversary Challenge Crest comprises a center part with 6 pie pieces that the members can earn, by completing challenges in the field of Camping, International, Training, PR Membership, Arts and Active Living.

The crest is to be purchased and distributed to the members as earned. For ease of administration, distribution to units and to minimize the cost of shipping the crests will be distributed to the leaders as a full crest upon payment received. Leaders can then award the pie pieces as the members complete the components.

Leaders are encouraged to adapt the following challenges to their level of Guiding (Sparks, Brownies, Guides, Pathfinders, Rangers and adults) so that each member can have a fun experience while learning and growing.

During 2011 we will be celebrating 100 Years of Guiding in Nova Scotia. Service has played an important part of Guiding over those past 100 year and it is expected that service will continue to be an intrinsic part of Guiding for the next 100 years as well. Within some of the following challenges you will find at least one suggestion for a way you might consider adding service to your challenge. We would encourage you to incorporate at least one service activity into your 2011 Anniversary Challenge.

Have fun and Happy Guiding !

CAMP Challenge

The Camp Challenge components are based on Activity and Skills. The Camp segment of the anniversary crest can be awarded to a girl / adult member when she achieves any 2 of the following for each section of the Camp Challenge:

ACTIVITY

1. Look for and identify animal tracks.
2. Identify 4 birds:
 - a. What is the most identifying feature of each?
3. Go to a pond or stream.
 - a. Carefully collect insects or water creatures and watch them.
 - b. Before leaving the pond or stream gently return them to their natural habitat.
4. Make an outdoor sculpture out of snow or ice.
5. Have fun in the winter while snowshoeing, skiing or skating
6. Make a craft or object from things you find at camp.
7. Complete a cleanup of your local camping facility. Be sure to remember both inside and out.
8. Use your map and compass skills to map the hiking trails near your camping facility. Don't forget to post them for those who come after you.

SKILL

9. Make a shelter and sleep in it one night, when you are finished with the shelter return the site to the way it was before you built the shelter.
10. Try a new method of outdoor cooking and cook a meal, after the meal put out the fire and leave no trace of you being there.
11. Go on a hike.
 - a. What wildlife do you see?
 - b. What signs of wildlife do you see?
12. Learn new Knots and use them.
13. Learn how to properly make and waterproof a bedroll.
14. Learn to use a compass.
 - a. Play a game using your new compass skills

PROGRAM Challenge

15. ARTS:

The Arts segment of the anniversary crest can be awarded to a girl / adult member when she achieves any 2 of the following:

There are *4 Parts to the Arts: Music, Dance, Drama and Art/Craft*. The challenges:

- a. Learn three new songs relating to Nova Scotia.
- b. Do 2 activities from dance, drama or art/craft to go with the theme.
- c. Do an arts activity (music, dance, drama, art/craft) to complete one of the challenges from another part of the anniversary challenge. For example, your Active Living activity could be to do a dance.

Share your love of the arts with your community. You might consider visiting with a local senior's centre or some other facility where your talents will be enjoyed.

16. ACTIVE LIVING:

The Active Living segment of the anniversary crest can be awarded to a girl / adult member when she achieves any 2 of the following:

Active Living is comprised of three categories: Moving, Eating and Thinking.

The Challenge: Note: Since Guiding is a game played in the out-of-doors, please do one (or all!) of the following activities outside.

- a. Moving: do a fitness or sport activity that focuses on the number 100. You could add 100 steps to your daily walk, skip 100 times, or add 100 minutes of activity to your meetings (10 minutes over 10 meetings!), or anything else you can think of. This is a great time to have a discussion about staying fit and healthy by being active.
- b. Eating: make and eat a snack, meal, or whole camp menu that is made from food grown or produced here in Nova Scotia. This is a great opportunity to visit local food producers and/or to discuss "eating local" as well.
- c. Thinking: have the girls develop and play a game around Guiding and/or Nova Scotia history that will exercise your brain. This could involve learning trivia, looking up information, designing a crossword puzzle, etc. This is a great opportunity to discuss the importance of mental health as a component of healthy living.

INTERNATIONAL Challenge

The International segment of the anniversary crest can be awarded to a girl / adult member when she achieves any 2 of the following:

17. Prepare a meal from a country – not a world centre
18. Participate in the Postcard exchange www.mythinkingday.com/
19. Learn about a WAGGGS initiative or project
20. Do an International bridging event – (Remember you can Borrow International Kits from Guide House)
21. Challenge each member of your unit to save a penny a year for CWFF for the 100 years of Guiding in NS
22. Have your Area or Provincial International Advisor visit your unit
23. Learn about Girl Guides of Canada's next twinning project and see what you can do to help your sisters in guiding from another country.

PR and MEMBERSHIP Challenge

The PR and Membership segment of the anniversary crest can be awarded to a girl / adult member when she achieves any 2 of the following:

24. design a new PR poster
25. bring a friend with you to a meeting
26. write an advertisement about an upcoming Guiding Event
27. What is an IR.1?
 - a. Where can you find this Guiding form?
 - b. Do you have one signed and on your IMIS record?
28. take pictures of an event or meeting and send them to the Provincial PR Advisor
29. Join the adult or girl provincial Facebook fanpage. Please note Girls must be 13 to join.
30. Take on a service project of your choice. Capture your activity in photos or through stories that can be shared with your PR Advisor

TRAINING Challenge

Girl Members

The Training segment of the anniversary crest can be awarded to a Girl when she achieves any 2 of the following:

31. Girl teaches something to another girl.
32. Girl learns a new skill.
33. Girls organize a learning opportunity for other girls. The “organizer” might create the learning opportunity by herself or as part of a team.

Adult members

The Training segment of the anniversary crest can be awarded to an Adult member when she achieves any 2 of the following:

34. Guider creates a learning opportunity for girls
35. Guider attends a training session
36. Guider organizes a learning opportunity for other adult members.

Once you have completed your Challenges, please complete the Challenge Order Form and send with payment to Guide House.

This Challenge information and Order Forms are available at www.girlguides.ns.ca, Fun for Girls, Challenges section.